



## **Spring Meeting in New Location**

Chop's Teen Club [509 Adams St]
March 17th • Thursday • 7-9pm (In-person!)
Two new boardmembers will be elected. Masks are recommended. Voluntary membership dues of \$10 a year to support the West End Neighborhood Association.



## The West End Bike Rally [Transportation & Recreation]

#### The West End Bike Rally

Come by, bring your bike, and let's get the West End rolling to show the rest of Santa Rosa how much fun riding a bike truly is! The festivities will be divided into two days of fun. Sponsored by West End Emergency Prep in partnership with a Community Improvement Grant through the City of Santa Rosa. Both events will be at DeMeo Park.

**Saturday • April 2 • 12-4pm** will include a Helmet and Bike Give-Away, Bike and Helmet Decorating, Poster Making, basic bike tune-ups, and the best routes through the West End Ride!

**Saturday • April 23 • 11am-3pm** will include a Bike Train, Safety Fair, BBQ, Small Bike and Slow Bike Races, and various local organizations will be on-hand to help you learn more about cycling for transportation and recreation, connections to human and planetary health, and other tips and tricks to help you get rolling.

**By-Laws** West End Neighborhood Association Constitution and By-Laws have been updated. See https://srwestend.com/constitution-and-by-laws/

# Introducing inRESPONSE: Santa Rosa's Mental Health Support Team (707) 575-HELP (4357)

To take action on community needs and feedback, a new crisis response team has been formed inRESPONSE: Mental Health **Support Team.** inRESPONSE is designed to respond to calls for service with a mental health first approach. The team is comprised of a licensed mental health clinician, a paramedic, a homeless outreach specialist, and supported by wrap-around support services providers. inRESPONSE will be trained in de-escalation and social work interventions as well as physical and mental health evaluations. While inRESPONSE works in partnership with the Santa Rosa Police Department, the inRESPONSE team is unarmed and best equipped to support and provide mental health resources to individuals and families experiencing a crisis.

inRESPONSE will provide service with a single team working 10-hour shifts, seven days a week. As part of a three year-phased plan, SRPD hopes to secure the necessary resources and funding needed to support a 24/7 mental health response model and is actively exploring grants and other state and federal funding opportunities, as well as private funding to help expand the capacity of inRESPONSE.

#### Types of Calls in RESPONSE will Address

- Individuals with suicidal ideation
- Sheltered or unsheltered individuals experiencing a mental health crisis
- Individuals or families in need of mental health support and resources
- Individuals who are intoxicated or under the

influence of a controlled substance

- Individuals struggling with mental health stability and in need of emergency shelter resources
- Welfare checks (when no crime is suspected)
- Requests for non-emergency medical evaluations and transports, including prescription drug refill transport and transportation to medical appointments

If there is any indication of violence or weapons, inRESPONSE would stage while Santa Rosa Police Department officers de-escalate the situation for inRESPONSE to then take over.

### Key Partners in the Development of inRESPONSE

- Buckelew Programs (Mental Health)
- Catholic Charities (Homeless Outreach)
- Humanidad Therapy and Education Services
- Santa Rosa Fire Department (Medical Response)
- County of Sonoma Behavior Health Division (Mobile Support Team)

If you or someone you know is experiencing a mental health crisis in Santa Rosa, call

#### 707-575-HELP (4357)

The team response van is available 7 days a week from noon to 10 p.m. The system navigators are available M-F 8 to 5 p.m.



#### **Our Board Members & Volunteers**

President: Deborah Crippen [debcrippen@sonic.net]

Secretary: Paul Poling Treasurer: Dan Wright

Directors: Sher Ennis, Susan Hayes, Jessica

Heatherington, Paul Poling, Allen Thomas

Newsletter: Pat Power

**Stay Connected**: check www.srwestend.com for listings of events and meetings. And last but not least, check the Facebook page www.facebook.com/groups/srwestend.

www.srwestend.com