

Santa Rosa
WEST END

Neighborhood + Historic District



News

July 2020

BIKE PARADE

Sat | July 18 | 4pm

Due to COVID-19 the picnic is not possible, but let's all get together for a socially distant bike parade. Please decorate bikes at home if so desired. Gather at DeMeo 3:30-3:45pm. Parade at 4pm. Ice Cream will be provided after the parade. Don't forget your masks. Deborah Crippen, (707) 696-2734, dcrippen@juno.com

COVID-19

by Veronica Jordan MD of W 6th Street

Ten things I have learned about COVID-19 over the last several months:

- 1. COVID-19 is a brilliant virus.** Of note, due to the widespread incidence of disease, a fair number of healthy young adults have also died from COVID-19. Risk factors (other than age) are still not well-understood.
- 2. COVID-19 is a sneaky virus.** The range of symptoms— from totally asymptomatic in 80% of people to severe pneumonia and multi-organ failure in 10-15%— has allowed it to infiltrate every state in this nation.
- 3. COVID-19 is a multi-organ virus.** People with COVID are dying of pneumonia, but they are also dying of blood clots, strokes, heart attacks, kidney failure, and even psychological effects.
- 4. Testing is important.** People who test positive need to isolate as soon as they think they have it and stay in isolation for at least 10 days from symptom onset. ALL close contacts of those who test positive (who may or may not go on to get sick) need to quarantine for 14 days.

5. Hospitals and healthcare systems can get overwhelmed. One of the reasons so many died in Wu Han, Bergamo, and NYC is that there were literally not enough hospital beds, ventilators, and healthcare workers to care for people.

6. Masks work (but not perfectly). In a recent case study in Missouri, two hair cutters with symptoms went to work wearing masks. They cut 140 people's hair over 8 days, and not a single client got the virus. Phew! Current thought is that mask use cuts transmission of COVID-19 by 60-75%.

7. Physical distancing works (but not perfectly). It is believed that COVID-19 mainly spreads among people in close contact (<6 feet) in closed spaces, over a prolonged period of time (10-15 minutes). A recent study found that when people were at least 6 feet apart, transmission of coronavirus was reduced to 2.6% (compared to 12.8% when closer than 3 feet).

8. COVID-19 isn't going anywhere anytime soon. We are past containment. The only way out is herd immunity via either ~70% of the population getting the disease OR a vaccine. No one knows when that will happen. I'd say plan for two years. Be happily surprised if it's sooner.

9. COVID-19 is disproportionately affecting communities of color. It is revealing inequities in every aspect of our society. Make no mistake, our most vulnerable are our essential workers, caregivers, and those who have less resources.

10. Communities matter. We cannot possibly make it through this pandemic without working together—masking when we have to get close, frequenting local businesses, feeding people who don't have enough food, keeping renters housed, allowing people to isolate safely at home, and caring for one another even from a distance. We know how to do all this, WestEnd. I am so grateful to live here, to wander by your beautiful gardens, see you along the trail, pass you on the corner. Thanks!

Westend Neighborhood Emergency Preparation Communication

It's July and we are between the first wave of COVID-19, the potential of wildfires perhaps with evacuations, all under the veil of an earthquake threat. But we can handle all of these things if we consciously prepare ourselves, our families, and know our neighbors.

For the earthquake prep we are using a series of seven webinars. The first one dealt with "Securing Your Space." If you want the handout, please request it at westendemerprep@gmail.com. Sign up at EarthquakeCountry.org/alliance and receive notices for the next six sessions. Check the alliance out.

We have one team, Jim and Jack, who have been knocking on doors to leave emergency prep information with Westend neighbors. We have developed protocols for these interactions and Jim and Jack have been well received. If you are interested in doing this let us know and we will set-it-up for you.

Sheila Bell, 650-906-7416 text, shebell@aol.com

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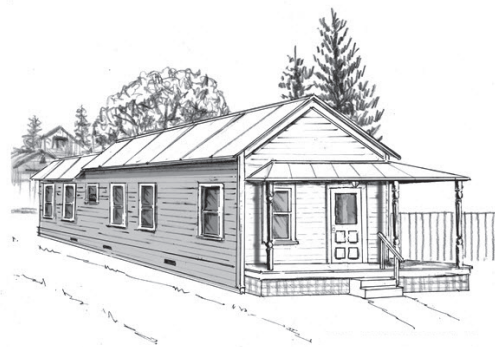
[PowerPats@icloud.com]

A New House in the Neighborhood

In 2019 one of the older houses (located at 131 W 7th St) was found to be structurally unsound and condemned. The property owner carefully deconstructed the original building, one board at a time, with the goal of reusing materials where possible. Construction of a replacement home began in November and the project is nearly done.

The history of the original home was researched and proved quite interesting. Each of the older homes in the district is named for a previous owner of the property. The "John Staley House" (circa 1895) was named after a notorious arsonist! Young Staley was responsible for burning several large commercial wood frame buildings in the area. The most prominent building he torched was the DeTurk Winery located on Donahue Street across from our round barn. Staley worked at The Brick Yard and reasoned that large buildings would be rebuilt with brick, and he would have job security. This strategy was successful until he was turned in by a fellow arsonist and sent to San Quentin.

The new home no longer carries the Staley name. The architecture was designed to fit into the neighborhood seamlessly, and has some of the look of the old structure. At 700 square feet, it's still one of the smaller homes in the West-End, but has a lovely wraparound porch that will provide additional outdoor living space. Swing by and take a look next time you're in the area!



artist concept: Bob Ankers